

Parenting with a Disability



Parenting can be a wonderful and challenging experience at the best of times. From the moment you find out you're pregnant, to giving birth, figuring out what's the best diapers these days or for first time parents, OMG, can I do this? Are we ready?

Now keep in mind all those questions and lets add another layer. What kind of questions goes through the minds of those parents that may have a disability? My main focus will be on blind parents, but I am more than willing/happy to do research and answer questions or provide helpful tips for any parent with a disability.

Are you someone with a disability and wonder:

who can you go to for answers?

Is there anyone out there that will understand what I'm going through?

What my fears are?

Are you a first time parent and thinking:

Oh dear, how do I give medicine?

What's the best way to change my child's diaper?
Am I able to help my child with their school work?

These are just some of the things that come up in day to day life as a parent and I hope to be able to share some of my knowledge with you readers. Do you know anyone that is a parent with a disability? If so, make sure you tell them about this beginning article.

My name is May and I am a blind parent with 2 adorable children. One girl age 10, and one boy age 15. My boyfriend and I now are getting ready to go through the adoption process and that will bring on all new challenges and questions. If you have topics you'd like for me to try and address feel free to let me know!