

The Day My Life Changed – The day I lost my sight



I get asked a lot about how I lost my sight and the group it has the most impact on are young school aged children. This is not a story to engender pity, but to educate, to drive home that tragedy/accidents can happen anywhere.

As a child we always think nothing bad can happen to us. We go through life thinking that anything bad will happen to everyone else and that there are no consequences to our actions.

I remember the age of when my life changed forever! I was 12 years old when my world was turned upside down. A teenage boy was dared by another teenager to push me off the top of a slide. One of the very tall twisty ones. During this time slides were on concrete and not soft sand. There was no where for me to go. I heard the dare, flying through the air and then waking up in the hospital.

I woke up strapped down in a hospital bed and everything was black. I panicked! I called out and no one answered for at least 5 minutes. When they finally did I was told what happened, that I had patches on my eyes and was strapped down

so that I wouldn't try and take the patches off. Of course this just made me more upset and I panicked even harder.

For a long time after that event I was severely depressed. I had no idea how I would cope. For me my life was over! Thanks to 2 very good friends of mine I was made to see that I could still do all the things I loved. I just had to find another way of doing them!

As you can see my story was not an accident, but done on purpose. Maybe that boy didn't know how bad things would turn out, but he had to know what he was doing was wrong somewhere. All the times adults say "don't rough house in the playground" is for a good reason.

Tragedy/accidents can happen anywhere!

May

Parenting with a Disability



Parenting can be a wonderful and challenging experience at the best of times. From the moment you find out you're pregnant, to giving birth, figuring out what's the best diapers these days or for first time parents, OMG, can I do this? Are we ready?

Now keep in mind all those questions and lets add another layer. What kind of questions goes through the minds of those parents that may have a disability? My main focus will be on blind parents, but I am more than willing/happy to do research and answer questions or provide helpful tips for any parent with a disability.

Are you someone with a disability and wonder:
who can you go to for answers?

Is there anyone out there that will understand what I'm going through?

What my fears are?

Are you a first time parent and thinking:

Oh dear, how do I give medicine?

What's the best way to change my child's diaper?

Am I able to help my child with their school work?

These are just some of the things that come up in day to day life as a parent and I hope to be able to share some of my knowledge with you readers. Do you know anyone that is a parent with a disability? If so, make sure you tell them about this beginning article.

My name is May and I am a blind parent with 2 adorable children. One girl age 10, and one boy age 15. My boyfriend and I now are getting ready to go through the adoption process and that will bring on all new challenges and questions. If you have topics you'd like for me to try and address feel free to let me know!